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Aloha, and Welcome to Ohana Sports Medicine.

We promise that 100% of our effort will go into your rehabilitation, but we need 100% from you as well. We reserve time in our schedule specifically for you. Maintaining regular treatment sessions is essential for positive outcomes. With this in mind, we ask your cooperation by making every effort to keep scheduled appointments.

Our Vision is to continue to be Kauai's leader in Physical Therapy by providing a wide range of specialized rehabilitation programs that are tailored to our patient's needs and goals. We have two locations, Kalaheo and Kapaa. In Kalaheo, some of our services include the full range of Outpatient Physical Therapy with our highly trained licensed Physical Therapists, Pelvic Health Physical Therapy, Post-offer testing and Pre-operative education. In Kapaa, some of our services include the full range of Outpatient Physical Therapy with our highly trained licensed Physical Therapists and Hand Therapy with our Certified Hand Therapist. Our website contains more information about us with a vast library of resources on common diagnosis that we treat. Our website content is among the best in the country. Google us at ohanasportsmedicine.com or on Facebook.

Our mission is to streamline access to PT by integrating our system with all other healthcare providers on the South, East and West sides of Kauai, and to retain highly skilled staff who offer cutting edge and proven physical therapy techniques that gently and efficiently restore and maximize human function.

Our values include providing a working environment that is conducive to healing, maintaining the trust of referring physicians, and improving quality of life for both our patients and staff.

We know how important a lifelong fitness program is to creating and maintaining better health. Our commitment to helping you succeed in achieving your optimal health extends beyond PT. We believe that it is important for every patient to transition from PT to a lifelong fitness program. To assist you in finding a program that is right for you, we have built a network of trusted trainers, community exercise instructors and licensed massage therapists as a resource for you.

Please let your PT/OT know your interests and goals so that we can help you return to a healthy, active lifestyle, starting on your first visit.

Your feedback is important to us. Please help us by filling out and returning our patient satisfaction survey before your last treatment session.

Sincerely,

Dan Schaal PT
Founder & CEO